

EUROPEAN PSYCHOANALYTICAL FEDERATION FÉDÉRATION EUROPÉENNE DE PSYCHANALYSE EUROPÄISCHE PSYCHOANALYTISCHE FÖDERATION



FROM THE VICE PRESIDENT



FORUM ON EDUCATION

Friday 5th December 18.00 to Sunday 7th December 13.00

EPF House, 35 Rue Gérard, 1040 Brussels (Etterbeek), Belgium

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The topic of the 2025 Forum on Education will focus on the analyst's analytical attitude. It follows on from last year's Forum subject on 'Boundary violations in Training and Institutions'.

Analytic Attitude in Training and Supervision

This year's Forum on Education will explore the question of the analyst's analytic attitude in training and supervision. Idealisation and negative countertransference and the candidate's/ supervisee's confusion about their relationship with the training analyst and supervisor can seriously put the analyst's analytical attitude of neutrality to the test. The reality of the status of training and supervising analyst is challenged by elements of unresolved dependency relationships activated by unavoidable unconscious transference/ countertransference implications and unrecognized problems around authority-conflicts within our institutions. What are the implications of considering technical neutrality to be a fundamental principle in theory? To what extent do institutional norms influence our analytical attitude, and how can our subjective perspective be (co-) determined by them?

As training analysts, we encounter complex internal and external dynamic situations with our training candidates, as we are involved in comprehensive supervisory processes relating to the relationships between patients/candidates and supervisors/supervisees. Divergence of theoretical and clinical approaches and training regulations, which can overlap with the supervision process, may inflict on dependency relationships, reinforced by the external reality of the institution.

The phenomenon of transference-displacement in the supervisory parallel process can be an important source for supervision, but it can also affect the analytic attitude, possibly influenced by an unresolved countertransference problem in the supervisee's relationship with his/her patient, especially when split-off parts are projected and acted out in the supervisory situation.

In what ways can we communicate or interpret this specific difficulty with the candidate/supervisee in an open, collegial and constructive manner in the supervisory process?









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The theme will be discussed by two **keynote speakers**:

Leo Bleger and Sølvi Iren Kristiansen (More information to follow.)

The topic will also be subject of **clinical discussion groups** and **plenary sessions**.

The **timetable** for the Forum will continue to be as follows:

Jan Abram, President of the EPF, together with Renate Kohlheimer, EPF Vice-President and chair of the Forum, will welcome the participants on **Friday evening** with a welcome cocktail.

After the two plenary lectures on **Saturday morning**, we will break up into small working groups with experienced colleagues from various European societies who will present topic-related questions or supervised case material on **Saturday afternoon**.

After a further working group session on **Sunday morning**, we will come together again for the final plenary discussion. The Forum will end at 1.00 pm with a farewell-drink.

If anyone is <u>interested in presenting and discussing a concrete</u> <u>situation</u> - or a supervision of a given case - in a clinical working group, please get in touch directly with Renate Kohlheimer (<u>renate.kohlheimer@epf-fep.eu</u>).

The registration fee is € 150,00 for the participation in the Forum.

Please send your registration form (see attachment) to Frank Goderniaux (<u>frank.goderniaux@epf-fep.eu</u>) and cc'd to Renate Kohlheimer (renate.kohlheimer@epf-fep.eu) for further planning by **24th October**. Details on schedule will follow.

We look forward to welcoming you at the EPF house in December for this interesting meeting of the EPF.

With best wishes,

Jan Abram EPF President Renate M. Kohlheimer EPF Vice-President